The Parish Office will be closed to the public. Minimal staff will be on site during our temporary office hours: Monday through Thursday from 8:30 am – 3:00 pm and Friday from 8:30 am to 12:30 am. We are here to keep the day to day operations of the parish running smoothly, however we are practicing social distancing. We will be on hand to answer the phone and help in any way we can. Please remember that if you wish to offer your tithing it can be accomplished by mail, dropped off in the box outside the office or online (see PrinceofPeacenm.org)

If you have any questions please call the parish office.

A Spiritual Communion Prayer

For various reasons we may be prevented from receiving the Eucharist at Mass. We may have broken the one hour fast, be in a state of mortal sin, or we could even be home-

bound, unable to leave our home to attend Mass.

In these cases the Church encourages us to make an act of "*spiritual communion,*" where we unite ourselves to God through prayer. It is a beautiful way to express to God our desire to be united with him when we are unable to complete that union in the reception of Holy Communion. The ultimate goal of our lives should be communion with God and an act of spiritual communion can help a person draw closer to that goal. Here is The *Prayer of Spiritual Communion:* *My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.*