

December 23, 2015

Questions for married couple spirituality:

One Goal for Husband, for Wife

One goal for a married Catholic couple is for a husband to get his wife to heaven and the goal for a wife is to get her husband to heaven.

For Discussion

- Do I believe this comment about the goal above?
- Is this practical in our day-to-day marriage?
- How will this affect my own spirituality and practice of my faith?
- How has my spouse helped me grow spiritually? What do I need from my spouse?
- Does each spouse have day-to-day spirituality: prayer time, reading scripture, discussion of the faith matters, commitment to spiritual growth as a family, reflection and meditation, etc.
- If that spirituality could be expressed from one to five, what would mine, as an individual, be (five max)? (No right or wrong answer...what is, is; Note: there are different types of spirituality)
- Do I want to grow deeper in spirituality?
- Do I want to coordinate my spiritual practices with those of my spouse?
- Could we extend a joint spirituality with that of our family?